

While the song plays think about what makes  
you happy



- ❖ **My name is Maddie and I have Type 1 Diabetes**
- ❖ **But I'm still me**
- ❖ **I still do everything that I did before**
- ❖ **I can still eat everything I like**
- ❖ **I just have to have some insulin first**

- ❖ November is diabetes awareness month.
- ❖ So I am going to talk you all today about living with Diabetes.
- ❖ To help me deal with Diabetes I have to wear a patch, called a Freestyle Libra 2, this is a sensor that monitors my blood glucose levels.
- ❖ The sensor is linked to my phone which tells me if my levels are too high or too low.
- ❖ When my levels get too high this is called a “hyper” and I need to inject some insulin.
- ❖ When my levels drop too low, this is called a “hypo” I treat this with sweets.





**This is what the sensor patch looks like.**



**Before I got the patch I used to do a finger prick, which involved drawing a small amount of blood from my finger to test.**

**Would anyone like to ask a question ?**

**THANK YOU FOR LISTENING**