# PE News

As well as the physical aspect of PE we focus on character education and developing the whole child.

Our value this half term is Healthy me: Courage

- Encourage children to be brave and have a go even if they are unsure
- Encourage them to set stretching targets
- Group the children in different groups to usual
- Praise them when they offer alternative suggestions to their friends
- Praise critical analysis of others' ideas
- Reward commitment
- Explore how children managed their fears in plenaries

## **Sporting Success**

Congratulations to Rayne S for achieving a Silver Medal for our PE board this week.

Bronze medals are for achievements in PE lessons based on performance, understanding and value of the lesson.

Silver medals are for achievements in school and external clubs.

Gold medals are for achievements in festivals or competitions outside of school.

To help us with the Silver and Gold medals please do email Miss Potter <u>lpotter@bestacademies.org.uk</u> with a picture of your child along with their achievement (medal, certificate, man of match etc) for your chance to be featured on our medal board and in our newsletter.

#### **Current News**

Please make sure children DO NOT come in wearing jewellery on their PE days.

If children have newly pierced ears please make sure they are wearing tape over them and they will only join in activities deemed safe by their PE teacher.

Please do not wear tape for any other reason.

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	Hous	e Points	
Nighti	ngales	360	
Starlin	gs	334	
Robins	5	283	
Eagles		267	
Swallo	WS	338	
7			

## **Festival Dates**

Year 1&2 Events

#### Year 3&4 Events

Tuesday 5<sup>th</sup> December Boccia/Kurling

## Year 5&6 Events

Monday 27th November Netball

We are so pleased to announce that we have achieved GOLD in the School Games Sports Mark



# Tough Mudder

Thank you to everyone who took part in LVA's first Tough Mudder event.

The results from the event are as follows:

 $1^{st}$  Place = Nightingales = 513  $2^{nd}$  Place = Swallows = 447  $3^{rd}$  Place = Eagles = 433  $4^{th}$  Place = Robins = 430  $5^{th}$  Place = Starlings = 410

These results will be added on to the house points at the end of this half term.

Thank you to everyone for their sponsors, we raised a total of £742







