

Gravenhurst and Langford Dinner Menu Autumn/Winter Term

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Dish	Pork Meatballs in tomato sauce OR Sausages	Chicken Wraps OR Vegetarian Lasagne	Pigs in Blankets, Yorkshire Pudding & Gravy Quorn Roast	Pepperoni Pizza OR Cheese & Tomato Pizza	Chicken Nuggets OR Jumbo Cod Fish Finger Quorn Nuggets
Vegetarian Option	Quorn Sausage				
Jacket Potatoes	Filled Jacket Potatoes with cheese or tuna				
Starchy dish	Mash	Rice	Roast Potatoes Pasta	Pasta	Oven Chips Pasta
Vegetables	Sweetcorn Green Beans	Baked Beans Sweetcorn	Broccoli Carrots	Mix Veg Sweetcorn	Baked Beans, Peas
Salad and fresh fruit	Crudité's of fruit and vegetables available daily				
Desserts	Rice Pudding Fruit Yoghurts	Mini Choc Chip Muffins Fruit Yoghurts	Fresh Fruit Salad Fruit Yoghurt	Ice Cream Fruit Yoghurts	Apple Crumble & Custard Fruit Yoghurts
Drinks	Water is available on all tables				