

# Gravenhurst and Langford Dinner Menu Autumn/Winter Term

<b>Week Three</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Main Dish</b>	Beef Hamburgers OR	Pork Meatballs in tomato sauce OR	Roast Turkey, Yorkshire pudding & Gravy	Mexican Burritos & Cheese OR	Chicken Nuggets OR
<b>Vegetarian option</b>	Vegetarian Hamburgers	Sausage & Gravy Quorn Sausage	Quorn Roast	Sausage Rolls  Bean Burrito & cheese	Jumbo Cod Fish Finger  Quorn Nuggets
<b>Jacket Potatoes</b>	Filled Jacket Potatoes with cheese or tuna				
<b>Starchy dish</b>	Rice	Mash	Roast Potatoes Pasta	Pasta	Oven Chips
<b>Vegetables</b>	Mixed Vegetables Peas	Sweetcorn Peas	Carrots Broccoli	Cauliflower sweetcorn	Broccoli Baked Beans
<b>Salad and fresh fruit</b>	Crudité's of fruit and vegetables available daily				
<b>Desserts</b>	Iced sponge cake Fruit Yoghurts	Mini Doughnuts Fruit Yoghurts	Fresh Fruit Salad Fruit Yoghurts	Rice Pudding Fruit Yoghurts	Chocolate Krispy cakes Fruit Yoghurts
<b>Drinks</b>	Water is available on all tables				