

Autumn 1	
<p style="text-align: center;">Character Education:</p> <p>Social me: Cooperation</p> <ul style="list-style-type: none"> - Do as I am asked to do - Share my ideas and resources - Help others - Work towards a shared goal - Put the group's interests above my own by analysing what is happening in the game and making decisions on the team not myself 	<p style="text-align: center;">Keyword:</p> <p style="text-align: center;">Agility:</p> <p style="text-align: center;">The ability to change direction quickly and accurately</p>
<p style="text-align: center;">Adaptive Question Starters:</p> <p>Identify the teaching points for ...</p> <p style="padding-left: 40px;">Describe the ...</p> <p style="padding-left: 40px;">Explain the importance of</p> <p>How does ... work in a competition/game</p>	<p style="text-align: center;">Assessment for Learning:</p> <p style="padding-left: 40px;">Recap and link from previous lesson</p> <p style="padding-left: 40px;">Mini Plenaries focusing on what the children know, understand and remember</p> <p style="padding-left: 40px;">Question and Answer based on character education.</p>

Autumn 2	
<p style="text-align: center;">Character Education:</p> <p>Healthy me: Courage</p> <ul style="list-style-type: none"> - Encourage children to be brave and have a go even if they are unsure - Encourage them to set stretching targets - Group the children in different groups to usual - Praise them when they offer alternative suggestions to their friends - Praise critical analysis of others' ideas - Reward commitment - Explore how children managed their fears in plenaries 	<p style="text-align: center;">Keyword:</p> <p style="text-align: center;">Speed:</p> <p style="text-align: center;">The ability to move your body or part of your body quickly</p>
<p style="text-align: center;">Adaptive Question Starters:</p> <p>Identify the teaching points for ...</p> <p style="padding-left: 40px;">Describe the ...</p> <p style="padding-left: 40px;">Explain the importance of</p> <p>How does ... work in a competition/game</p>	<p style="text-align: center;">Assessment for Learning:</p> <p style="padding-left: 40px;">Recap and link from previous lesson</p> <p style="padding-left: 40px;">Mini Plenaries focusing on what the children know, understand and remember</p> <p style="padding-left: 40px;">Question and Answer based on character education.</p>

Spring 1	
<p style="text-align: center;">Character Education:</p> <p>Healthy me: Self-belief</p> <ul style="list-style-type: none"> - Encourage children to identify what they can and can't do yet - Allow opportunities for children to set goals by saying I can't yet or I will be able to and link in the techniques in order for them to achieve their goals - Celebrate positive behaviours, commitment to improve and accurate self-reflections 	<p style="text-align: center;">Keyword:</p> <p>Balance:</p> <p>The ability to retain centre of mass (gravity) above the base of support whilst stationary (static) or moving (dynamic)</p>
<p style="text-align: center;">Adaptive Question Starters:</p> <p>Identify the teaching points for ... Describe the ... Explain the importance of ... How does ... work in a competition/game</p>	<p style="text-align: center;">Assessment for Learning:</p> <p>Recap and link from previous lesson Mini Plenaries focusing on what the children know, understand and remember Question and Answer based on character education.</p>

Spring 2	
<p style="text-align: center;">Character Education:</p> <p>Thinking Me = Concentration</p> <ul style="list-style-type: none"> - Demonstrate good listening and observation - Encourage children to use their senses - Praise children who are focused on tasks and providing attention to detail 	<p style="text-align: center;">Keyword:</p> <p>Coordination:</p> <p>The ability to use a combination of body parts and senses at the same time to produce smooth and efficient movements</p>
<p style="text-align: center;">Adaptive Question Starters:</p> <p>Identify the teaching points for ... Describe the ... Explain the importance of ... How does ... work in a competition/game</p>	<p style="text-align: center;">Assessment for Learning:</p> <p>Recap and link from previous lesson Mini Plenaries focusing on what the children know, understand and remember Question and Answer based on character education.</p>

Summer 1	
<p style="text-align: center;">Character Education:</p> <p>Healthy Me: Honesty</p> <ul style="list-style-type: none"> - Understanding and agreeing to the rules and any penalties for breaking rules - Awarding fair play points (sharing, respect for equipment, keeping score and rules) - Praise when children own up to errors 	<p style="text-align: center;">Keyword:</p> <p style="text-align: center;">Reaction Time:</p> <p style="text-align: center;">The time taken to react to a stimulus</p>
<p style="text-align: center;">Adaptive Question Starters:</p> <p style="text-align: center;">Identify the teaching points for ...</p> <p style="text-align: center;">Describe the ...</p> <p style="text-align: center;">Explain the importance of</p> <p style="text-align: center;">How does ... work in a competition/game</p>	<p style="text-align: center;">Assessment for Learning:</p> <p style="text-align: center;">Recap and link from previous lesson</p> <p style="text-align: center;">Mini Plenaries focusing on what the children know, understand and remember</p> <p style="text-align: center;">Question and Answer based on character education.</p>

Summer 2	
<p style="text-align: center;">Character Education:</p> <p>Social Me: Respect</p> <ul style="list-style-type: none"> - Treat others as I would like to be treated - Accept people's differences - Value what other people would say and do - Agree to disagree if necessary - Recognise when others are better at something than me 	<p style="text-align: center;">Keyword:</p> <p style="text-align: center;">Power:</p> <p style="text-align: center;">The combination of strength and speed of movement</p>
<p style="text-align: center;">Adaptive Question Starters:</p> <p style="text-align: center;">Identify the teaching points for ...</p> <p style="text-align: center;">Describe the ...</p> <p style="text-align: center;">Explain the importance of</p> <p style="text-align: center;">How does ... work in a competition/game</p>	<p style="text-align: center;">Assessment for Learning:</p> <p style="text-align: center;">Recap and link from previous lesson</p> <p style="text-align: center;">Mini Plenaries focusing on what the children know, understand and remember</p> <p style="text-align: center;">Question and Answer based on character education.</p>