



Learning, Values, Achievement

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Dear Parent/carers,

Every year, thousands of schools, companies and communities come together to make World Mental Health Day that little bit brighter by wearing something yellow. This World Mental Health Day, we at LVA would like to join thousands of others across the UK to show young people that they're not alone with their mental health, because we stand brighter, together.

The day is celebrated on **Friday 9th October**. On this day, please send your children to school in as much yellow as you can possibly find in their wardrobes, so that together as a school community, we can shine bright.

If you are able to make a small donation then this would be gratefully received to go to the Young Minds charity. You can donate using the following link:

<https://fundraise.youngminds.org.uk/fundraisers/kirstyburley>

We look forward to taking lots of pictures of our sea of yellow on the 9th October. Wear it loud. Wear it proud. Because we stand brighter, together.

Many thanks for all of your continued support,

Kind regards,

Kirsty Burley
PSHE lead.

Part of the Bedfordshire Schools Trust Limited

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