



SCHOOL LUNCH MENU

AUTUMN AND WINTER MENU (From September to February)

WEEK 2	Meat/Fish	Vegetarian	Carbohydrates Side	Seasonal Vegetables	Desserts
Happy Monday	Cod Fish Fingers or Gluten Free fish	Quorn Southern Fried Vegan Nuggets	Potato Wedges or Pasta	Garden Peas Sweetcorn (Baked Beans)	Traditional Rice Pudding
International Tuesday	Mexican Burritos with Cheese (beef) Or Gluten Free / no Dairy option	Beans Burritos with Cheese	Rice or Pasta	Cauliflower Green Beans	Chocolate Marble Cake with Chocolate Custard Gluten /no Dairy option
Roast Day Wednesday	Roast Turkey with Yorkshire Pudding and Gravy	Roast Quorn with Yorkshire Pudding and Gravy	Creamy Mash Potato (& no dairy mash) or Pasta	Savoy Cabbage Baby Carrots	Raspberry Jelly
Tasty Thursday	Lincolnshire Sausage Roll or Gluten Free option	Macaroni Cheese with Garlic Bread	Tricolour Pasta or Gluten Free Pasta	Sweetcorn Garden Peas	Chocolate Cookies or Gluten Free / no Dairy option
Friday Funday	Hot Dog in a Bun or Gluten Free option	Home-made 3 Cheese Pizza	Oven Chips or Pasta	Baked Beans Corn on the Cob	Fruit Cocktail
Mouth – watering home cooked food, cooked fresh every day.		Fresh Fruit, Fresh Baked Bread, Variety of Fresh Salad, Coleslaw, Couscous, Yoghurts Jacket Potato with Baked Beans/Cheese offered daily.			Healthy eating is our vision.